

Cognitive-communication–swallowing disorders in adults

Speech and language difficulties may affect adults following injury or illness, or as they age. The difficulty with the following skills may be seen: speech, language, voice, memory, problem solving, swallowing, etc.

The following are ‘red flags’ of a communication disorder:

Difficulty understanding others	Difficulty with stuttering
Speaking in short phrases	Saying words in the incorrect order
Difficulty thinking of a desired word	Changes in voice
Speaking with a slow rate of speech	Difficulty recalling recent or past events
Difficulty with attention	Slurred or mumbled speech

Red flags of swallowing disorders:

Coughing or choking when eating/drinking	Difficulty chewing food
Wet vocal quality after eating or drinking	Complaints of pain while swallowing
Recurrent pneumonias	Weight loss

If any of these red flags are observed or reported, a referral for a speech-language-swallowing evaluation should be considered.

For more information or to schedule an appointment, please contact us at:

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